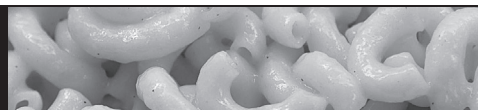


APPETIZERS



- A1 BUFFALO WINGS..... (6) \$8.95 (12) \$13.95
- A2 BBQ WINGS..... (6) \$8.95 (12) \$13.95
- A3 TERIYAKI WINGS..... (6) \$8.95 (12) \$13.95
- A4 HONEY MUSTARD WINGS..... (6) \$8.95 (12) \$13.95
- A5 MOZZARELLA STICKS..... (6) \$7.95 (12) \$10.95
- A6 MINI CHICKEN QUESADILLA..... (6) \$8.95 (12) \$11.95
- A7 COCONUT SHRIMP..... (6) \$9.95 (12) \$14.95
- A8 MANGO SHRIMP..... (6) \$9.95 (12) \$14.95
- A9 BUFFALO CHICKEN STRIPS..... (6) \$8.95 (12) \$12.95
- A10 HONEY MUSTARD CHICKEN STRIPS..... (6) \$8.95 (12) \$12.95
- A11 SESAME TERIYAKI CHICKEN STRIPS..... (6) \$8.95 (12) \$12.95
- A12 BBQ CHICKEN STRIPS..... (6) \$8.95 (12) \$12.95
- A13 FRIED MAC N' CHEESE BALLS..... (6) \$9.95 (12) \$13.95

* All appetizers come with their own dipping sauces * add fries \$3.00 more

FROM THE GRILL



- G1 12 OZ. BURGER \$10.95
- G2 VEGGIE BURGER \$ 8.95
- G3 MEXICAN BURGER w/ melted pepper jack, salsa, sour cream, and guac..... \$14.95
- G4 COWBOY BURGER w/ bacon, cheddar, and bbq sauce..... \$15.95
- G5 SOUTHERN BURGER w/ mac n' cheese, bacon, & fried onion..... \$15.95

ADD Cheese, Mushrooms, or Onions \$1.75 ADD Bacon or Avocado \$2.25

Deluxe: Lettuce, Tomato, Pickles, and Fries \$4.95

SIDE DISHES



- SD1 FRENCH FRIES Sm \$4.95 Lg \$5.95
- SD2 FRENCH FRIES w/ melted cheese Sm \$6.95 Lg \$7.95
- SD3 FRENCH FRIES w/ melted mozzarella and gravy Sm \$6.95 Lg \$7.95
- SD4 ONION RINGS Sm \$4.95 Lg \$5.95
- SD5 SWEET POTATO FRIES Sm \$5.95 Lg \$6.95
- SD7 BUFALLO FRIES w/ melted mozzarella Sm \$6.95 Lg \$7.95
- SD8 MASHED POTATOES w/ gravy Sm \$4.95 Lg \$5.95
- SD9 SAUTEED VEGETABLES Sm \$4.95 Lg \$5.95

HOT SOUPS DAILY

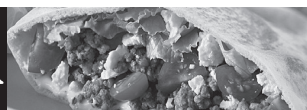
3 -HOME MADE SOUPS SERVED DAILY, CALL FOR THE SELECTION
SMALL 12oz. \$5.95 - LARGE 16oz. \$6.95 - QT \$9.95

LUNCH COMBOS

- Wrap special: Any Wrap w/ a sm soup \$15.95
- Panini special: Any Panini w/ a sm soup \$16.95

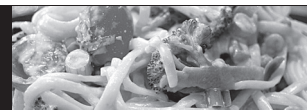
WE ACCEPT VISA, MC, AND AM-EX. 3.5% SERVICE CHARGE ON ALL CREDIT CARD TRANSACTIONS

HEALTHY CORNER



- V1 HUMMUS VEG WRAP, hummus, spinach, black beans, carrots, peppers, cucumber, avocado \$12.99
- V2 CHICKPEA WRAP, chickpeas, sri-racha, spinach, avocado \$12.99
- V3 VEGAN GREEK, hummus, spinach, cucumber, tomato, red onion, olives, olive oil. \$12.99
- V4 FALAFEL WRAP, falafel, cucumber, tomatoes, red onion, tzatziki sauce..... \$12.99
- V5 VEGAN BURRITO, black beans, rice, lettuce, salsa, carrots, avocado \$12.99
- V6 BUFFALO CHICKPEA WRAP, buffalo mashed chickpeas, lettuce, carrots, and red onion \$12.99

HOT SELECTIONS



- H1 FRIED CHICKEN FINGERS w/ french fries \$13.95
 - H2 HONEY CAJUN CHICKEN FINGERS w/ french fries \$14.95
 - H3 BUFFALO CHICKEN FINGERS w/ french fries \$14.95
 - H4 CHICKEN QUESADILLA w/ french fries \$14.95
 - H5 STEAK QUESADILLA w/ french fries \$15.95
 - H6 SHRIMP QUESADILLA w/ french fries \$15.95
 - H7 BUFFALO CHICKEN QUESADILLA w/ french fries \$14.95
 - H8 STEAK TIDBITS w/ french fries and bbq sauce \$16.95
 - H9 CHICKEN TIDBITS (grilled or fried) w/ french fries and bbq sauce \$14.95
 - H10 PENNE ALA VODKA w/small tossed or caesar salad \$15.95
- ADD Chicken..... \$3.00 ADD Shrimp.....\$4.50
- H11 BLACKENED SALMON topped/ mango salsa, honey chipotle sauce. Served w/ mashed potatoes and sauteed spinach \$19.95

GRILLED CHEESE

- GC1 REGULAR, American cheese w/ french fries \$9.95
- GC2 BREAKFAST, Scrambled eggs, bacon, american cheese w/ french fries \$11.95
- GC3 ITALIAN, Pesto, tomato, mozzarella cheese w/ french fries \$10.95
- GC4 PEPPERONI PIZZA, Pepperoni, marinara, mozzarella cheese w/ french fries.. \$10.95
- GC5 BLT, Bacon, lettuce, tomato, provolone cheese w/ french fries \$11.95
- GC6 BACON, AVOCADO, PEPPERJACK, w/ french fries \$11.95

*Choice of bread: White, Rye, or Whole Wheat

GRILLED CHEESE COMBO: Choice of any grilled cheese w/ small soup \$14.95



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OVER SIZED WRAPS



- W1 HEART ATTACK**, Fried chicken cutlet, onion rings, mozzarella, gravy..... **\$13.99**
- W2 FAJITA CHICKEN WRAP**, grilled chicken, black beans, rice, sauteed peppers & onions, avocado, salsa, sour cream..... **\$13.99**
- W3 HAWAIIAN BBQ WRAP**, Grilled chicken in BBQ sauce, lettuce, red onion, pineapple, oriental noodles..... **\$13.99**
- W4 SMOKED TURKEY COBB SALAD**, Bacon, smoked turkey, lettuce, tomato, avocado, red onion, hard boiled egg, bleu cheese dressing..... **\$13.99**
- W5 GRILLED CHICKEN CAESAR**, Grilled chicken, romaine, lettuce, caesar dressing, parmesan cheese **\$13.99** w/ Steak or Shrimp..... **\$14.99**
- W6 BUFFALO CHICKEN WRAP**, Fried buffalo chicken, lettuce, tomato, celery, bleu cheese dressing **\$13.99**
- W7 TURKEY BLT**, lettuce, tomato, bacon, mayo **\$13.99**
add Avocado..... **\$15.99**
- W8 GRILLED VEGGIE WRAP**, mixed greens, mixed vegetables, fresh mozzarella, with balsamic reduction **\$12.99** Add Chicken.....**\$13.99**
- W9 GREEK WRAP**, Grilled chicken, lettuce, tomato, red onion, feta cheese, balsamic dressing **\$13.99** w/ Shrimp **\$14.99**
- W10 SLICED STEAK WRAP**, Sliced steak, caramelized onions, mixed greens, and crumbled bleu cheese..... **\$14.99**
- W11 CHIPOTLE CHICKEN WRAP**, Grilled chipotle chicken, melted cheddar, bacon, tomato, avocado, and chipotle mayo..... **\$13.99**
- W12 BALSAMIC GRILLED CHICKEN**, Balsamic grilled chicken, mixed greens, sliced apples, brie cheese, honey mustard dressing..... **\$13.99**
- W13 ROMA**, Grilled chicken, pesto, mozzarella cheese, roasted red peppers, balsamic reduction **\$13.99**

GRILLED WRAPS



- HW1 CAJUN STEAK WRAP**, Cajun steak, melted cheddar, bacon, avocado, cajun mayo **\$13.99**
- HW2 CHICKEN CORDON BLEU**, Fried chicken cutlet, ham, melted swiss, russian dressing **\$13.99**
- HW3 FRIED EGGPLANT**, Fried eggplant, roasted red peppers, fresh mozzarella, pesto dressing **\$13.99**
- HW4 SMOKED TURKEY**, Smoked turkey, melted smoked gouda, caramelized onions, mixed greens, honey mustard dressing **\$13.99**
- HW5 ROAST BEEF**, Roast beef, melted american cheese, tomato, lettuce, red onion, mayo **\$13.99**

Your choice of wrap: Spinach, Plain, Tomato, Whole Wheat, & Garlic and Herb.
Your wrap comes with a side pasta salad of the day.

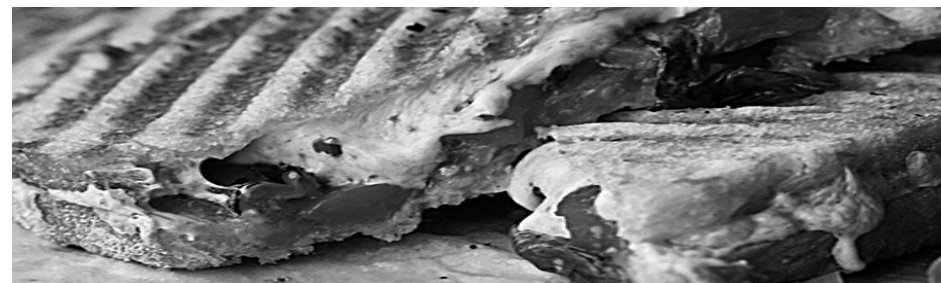
DESSERTS



- CRUMB CAKE** **\$3.99** **CHEESE CAKE** **\$6.99**
- BROWNIE** **\$3.99** **CHOCOLATE CAKE** **\$5.99**
- FRUIT CUP** **\$6.99** **CARROT CAKE** **\$5.99**

HOT PANINIS

- P1 CHICKEN CORDON BLEU**, Fried chicken cutlet, ham, melted swiss, russian dressing **\$13.99**
- P2 FRIED EGGPLANT**, Fried eggplant, roasted red peppers, fresh mozzarella, and pesto dressing **\$12.99**
- P3 GRILLED TURKEY**, Grilled turkey, bacon, melted swiss, lettuce, tomato, avocado, and pepper ranch dressing **\$13.99**
- P4 CHIPOTLE CHICKEN**, Chipotle chicken, melted cheddar, lettuce, tomato, avocado, and chipotle mayo **\$13.99**
- P5 CAJUN SLICED STEAK**, Cajun steak, melted pepperjack cheese, sauteed onions, avocado **\$14.99**
- P6 MESA CHICKEN**, Blackened chicken, melted pepperjack cheese, grilled peppers, avocado, mixed greens, chipotle mayo **\$13.99**
- P7 BOURBON STREET**, Blackened chicken, crispy bacon, monterey jack cheese, grilled onions, avocado, bbq sauce **\$13.99**
- P8 BISTRO PANINI**, Grilled chicken, crispy bacon, melted brie, caramelized onions, pesto mayo **\$13.99**
- P9 GRILLED CHICKEN**, Grilled chicken, roasted red pepper, fresh mozzarella, fresh spinach, balsamic reduction **\$13.99**
- P10 BALSAMIC CHICKEN**, Grilled chicken, melted brie, sliced apples, mixed greens, honey mustard **\$13.99**
- P11 ROAST BEEF PANINI**, Roast Beef, mozzarella, onion rings, horseradish mayo.. **\$13.99**
- P12 ITALIAN**, Ham, salami, pepperoni, prosciutto, red onion, roasted peppers, provolone, red wine vinaigrette **\$13.99**
- P13 CUBANO**, Herb pork, sliced ham, sliced pickles, melted swiss, mustard and mayo **\$13.99**



HOT SANDWICHES

- HS1 NICOLE SANDWICH**, Fried chicken cutlet w vodka sauce, melted mozzarella ... **\$13.99**
 - HS2 GRILLED HERB CHICKEN**, roasted red peppers, grilled onion, cilantro mayo.... **\$13.99**
 - HS3 PESTO GRILLED CHICKEN**, roasted red peppers, grilled onions, fresh mozzarella, pesto mayo, **\$13.99**
 - HS4 GRILLED BBQ CHICKEN**, bacon, cheddar cheese, BBQ sauce..... **\$13.99**
 - HS5 TURKEY BACON SWISS MELT**, Turkey, bacon, swiss, lettuce, tomato, mayo..... **\$13.99**
 - HS6 PHILLY**, Sliced steak, peppers, onions, provolone cheese **\$14.99**
 - HS7 FRIED CHICKEN**, w/ fried eggplant, melted fresh mozzarella, roasted red peppers, and pesto mayo **\$13.99**
 - HS8 MARINATED HANGER STEAK**, w/ caramelized onions, melted smoked gouda, avocado, and cajun mayo..... **\$13.99**
- ADD French Fries, Sweet Potato Fries, or Onion Rings **\$1.99**

FRESH SALADS



- S1 ORIENTAL CHICKEN**, Served over mixed greens, mandarin oranges, oriental noodles, cherry tomatoes Choice of dressing **\$14.99**
- S2 HAWAIIAN CHICKEN**, Served over mixed greens, pineapple, strawberry, shredded coconut, choice of dressing **\$14.99**
- S3 SESAME TERIYAKI CHICKEN**, Mixed greens, cucumbers, cherry tomatoes, shredded carrots, red cabbage, choice of dressing **\$14.99**
- S4 CAESAR SALAD**, Croutons, romano cheese..... **\$12.99**
- S5 TOSSED SALAD**, Tomatoes, cucumbers, shredded carrots, red cabbage, peppers, over iceberg lettuce, choice of dressing **\$12.99**
- S6 DMC SALAD**, Mixed greens, crumbled goat cheese, cranberries, candied walnuts, choice of dressing **\$13.99**
- S7 MANGO SHRIMP SALAD**, Served over mixed greens, candied walnuts, sundried cranberries, and crumbled goat cheese **\$15.99**
- S8 BLACKENED CHICKEN**, Served over mixed greens, strawberries and almonds Choice of dressing..... **\$14.99**
- S9 COBB SALAD**, Romaine, grilled chicken, avocado, bacon, crumbled bleu, and grapes, **\$14.99**
- S10 MAPLE GLAZED CHICKEN**, Mixed greens, sundried cranberries, sliced apples, crumbled goat cheese, choice of dressing **\$14.99**
- S11 GREEK SALAD**, Iceberg lettuce, cucumbers, tomatoes, red onion, black olive, sliced peppers, and feta cheese Choice of dressing **\$13.99**
- S12 CRANBERRY WALNUT & AVOCADO**, Mixed greens, sliced apples, tomatoes, cucumbers, and feta **\$13.99**
- S13 CHEF SALAD**, Ham, swiss, turkey, american, hard boiled eggs, tomato, cucumber, carrots, over iceberg Choice of dressing **\$14.99**

* DRESSINGS *

BALSAMIC VINAIGRETTE, RED WINE VINAIGRETTE, HONEY MUSTARD, RASPBERRY VINAIGRETTE, CAESAR, BLEU CHEESE, PEPPER RANCH, RUSSIAN, ORANGE MANDARIN GINGER, VINAIGRETTE, LOW FAT RASPBERRY, LOW FAT RANCH
EXTRA DRESSING .75 CENTS

* TOPPINGS *

ADD CHICKEN..... **\$2.00**
ADD SHRIMP **\$3.00**
ADD SALMON **\$5.00**
ADD FRESH MOZZARELLA, GOAT CHEESE, CRANBERRIES, CANDIED WALNUTS, CROUTONS, ORIENTAL NOODLES, OR APPLES **\$1.25** PER TOPPING

